

Learning from Home

Tips for Parents



- ★ **Learning from Home is not Home Schooling.** The class teacher will be providing work so you will only need to support and assist your child to stay focussed to complete these activities. Maybe you could join in with some of these activities. Remember to allow them to have regular breaks outside or away from their learning space. Aim for 3-4 hours of learning each day with a maximum of 45 minutes before a 15 minute break.
- ★ **Education is everywhere.** Make learning fun by including everyday activities with things around your house e.g baking a cake, drawing a tree, making an indoor cubby, writing a letter, acting out a story, writing your own story.
- ★ **You know your child.** Build on their interests and strengths to make learning fun.
- ★ **Set up a learning space.** Create an area in the house for your child to be able to focus on learning. There are no clear guidelines on what a learning area should look like. Every child has individual ways of learning, so what works for one may not work for another. Feel free to allow children different places to learn, whether lying on the ground or sitting at a table – whatever works best for them. But try to limit distractions e.g turning the TV off.
- ★ **Have a simple schedule.** Routines make life easier as your child will be used to them at school. Together, put together a timetable of activities that is reasonable for both you and your child to manage. Make sure you schedule breaks and opportunities to stretch and get some exercise. If you are doing a lot of time on technology, make sure you include regular breaks for no-tech times, and maybe make evenings technology-free after a certain time to support their health and wellbeing.
- ★ **Equipment** – Make a plan or a schedule to help with the sharing of computers / iPads between more than 1 child. Lots of the learning activities provided by teachers can be done away from the computer once you have looked at Connect to find out what tasks the teacher has set.
- ★ **Use real life** to pose questions and solve problems e.g What do you think will happen when it rains?
- ★ **Be flexible, be patient.** Things may not always go to plan and that's ok. Take a break, do some yoga or kick a ball.
- ★ ***Make memories, jot them down and enjoy this time at home with your children!***

